#### **BLACKMAN HIGH SCHOOL BAND**

# **BAND CAMP 2022**

JULY 25-29 (8am-5pm)

## **IMPORTANT THINGS TO KNOW**

## **Prior to Camp Week:**

Students: Prepare your body for camp by being outside each day! Get off the couch & take a walk! Drink water to hydrate. Camp is FUN but it is also a strenuous physical activity OUTDOORS!

### **During Camp Week:**

- 1. Eat a good, healthy breakfast every morning
- 2. Arrive EARLY—approx. 7:45 (on time is LATE)
- 3. Bring your water cooler filled with ice water
- 4. Bring a healthy sack lunch every day. Camp is closed-campus. Students are not allowed to leave & come back.
- 5. Wear: light, athletic-type clothing, hats, sunglasses
- 6. Apply sunblock multiple times a day
- 7. Students MUST wear tennis shoes
- 8. Drink water—and LOTS OF IT!
- 9. Get a good night's sleep every night
- 10. Students must be registered, have the notarized form turned in and payments made in order to attend camp.
- 11. Bring a POSITIVE attitude! For new members, this is something new & challenging but we'll help you through it!

Online Registration is open: www.blackmanband.com
Contact the directors for more information: directors@blackmanband.com

